

Mindful Mandalas

Chalk Mandalas

Grab some sidewalk chalk and head outside to create your designs.



Nature Mandalas

Collect a variety of natural objects, such as flowers, leaves, stems, buds, sticks, rocks and seashells. Arrange your objects in a circular design.



Scratch Art Mandalas

Visit *The Kitchen Table Classroom* website for this awesome scratch art activity. You'll find all the instructions by visiting the link below.

<https://www.kitchentableclassroom.com/diy-scratch-art-mandalas/>

